

Chapter Eight

Dishonest Seduction Techniques And How To Stop Them

It is one thing for a Frog to court a Fox, play hard to get, or employ minor deception in the pursuit of happiness. As long as he genuinely cares about her and treats her well once he has her, no major harm is done. Foxes play games themselves in love, many of which are questionable, so by that standard alone, some game-playing by men is tolerable. In this chapter, you will see methods I consider over the line, at least with regard to the female perspective. These methods are legal, but they are slimy and dishonest. Hopefully, this chapter will save you a lot of grief.

Speed Seduction

Have you ever been approached by a man who left you spellbound? Who seemed to tap into your deepest fantasy as if you had known each other all your lives, maybe even in past lives? Do you remember one moment saying hello to him and the next giving him a blowjob in the parking lot? Welcome to the world of alt.seduction.fast, the USENET newsgroup devoted to Speed Seduction (SS). Readers of a.s.f., as they call it, have the benefit of learning from the experience of other men, and when a successful pickup technique is posted there, it catches on like wildfire. Technology has finally arrived when getting laid is a process which is subject to peer review.

Alt.seduction.fast was created by Ross Jeffries, creator of a product known as Speed Seduction and advertised at his website: www.seduction.com. Ross is a bit of an internet business pioneer, proving that it is possible to make a fortune online by meeting a major market demand. Ross, a student of hypnosis and NLP, got the brainstorm about a decade ago to apply these techniques to seduction, with very successful results. Through his own research and experience, and that of his followers, Mr. Jeffries has built a large cult following, many of whom report amazing results using Speed Seduction. The stated objective of SS is to get a Fox into bed within two hours of meeting her; I must assume that most Foxes do not want this to happen. Hence, it is necessary to inform them of this method so that they can defend themselves.

Foxes who are most vulnerable to SS are those who work in retail and are sitting ducks for the public, as well as highly social and quiet environments like coffeehouses and small gatherings. Any situation where a man is relating directly to you is risky, however, even if you are in a group setting. NLP and hypnosis involving using complex word patterns that induce states of arousal in a Fox, mostly by directing her mind towards memories of times when she felt incredible. I have seen Foxes deny that SS is effective, but I know from the male half of the populace that it is nothing to be taken lightly. The antidote to SS is awareness: once you are aware of what SS is, it becomes easy to recognize.

The ultimate antidote to SS is this rule: any man who approaches you anywhere, at any time, for any reason, is probably trying to seduce you. If he is a fast-talker, a smooth talker, and a fast mover, he may be a customer of Ross's. If so, there are some things you should know about him:

If you are not a Fox, he probably doesn't want you. Is this going to bother you? Do you want to be considered a worthy target? If so, you are playing into Ross's hands. My advice in this case would be to become a Fox rather than attempting to win over the Speed Seducer. An advanced SS technique involves feigning lack of interest, but sooner or later he has to make a move or he is wasting his time. Do not get caught up in any confusion or focus on what he is saying as much as the fact that he has approached you, is hitting on you, and does it for sport. If this is what you want in a lover, go for it. If not, consider yourself informed.

He will talk about wonderful feelings, specifically those which focus around relationships. This is a double bonding technique: he wants you to relive your best romantic experiences and anchor them to him. In your mind, he is betting that you will associate what he tells you with his presence, and will attempt to reinforce this either by touching himself or pointing to himself. Word tricks are another part of it, where seemingly innocent sentences contain what Ross calls embedded sexual commands such as be-low me (sounds like blow me when said properly), or something like "It is very important to get a good night's sleep. With me, I find that..." Whether or not these subliminal messages work cannot be proven, but the mindset of a Frog who would use methods like this should be exposed. Be on the lookout for SS language patterns.

He will begin commanding you at some point. After he has gotten your mind to follow the images he baits it with (like the incredible connection pattern where he describes the feeling a woman gets when she instantly feels attracted to a man and anchored that to himself), he then begins telling the Fox how to feel, saying things like "As you think about how wonderful it feels, it becomes more and more vivid, as if it's happening right now." It sounds stranger than it is, but if the Fox has tranced out because of the bliss, she lowers her resistance and the trance deepens. Watch a stage hypnosis show sometime to see what is possible.

If you have a boyfriend, the Speed Seducer will attack him. The boyfriend destroyer pattern is legendary. With this technique, the man directly or indirectly works on creating doubt about the Fox's boyfriend. This is an excellent technique that political parties have used for years: minority party politics. A man who is not your boyfriend cannot disappoint you, and if you are not happy with the incumbent, you may already be ripe for a change. If you are, the Speed Seducer will be more than happy to expand your mind as far into that concept as you are willing to go. Given that Foxes are prone to emotional extremism when it comes to love, they can become very vulnerable to a Frog who is appearing to read her mind and her dissatisfaction with her relationship, when in fact he is merely guessing with one Fox after another (lots of retail clerks in the mall to approach) until he happens to be right and the Fox takes the bait. Solution: don't take the bait unless you want it. Don't mistake his guess for magic; don't mistake his words for truth. They are only words. Do not date one Frog simply because he is not another Frog.

"Why do you ask?" A powerful antidote to SS, because it puts Frogs on the spot. Either they have to come clean about what they are doing (they won't), or they have to lie, and once they start lying you can trap them. If a Frog asks you if you have ever felt an incredible connection with a man you have just met, ask him why he wants to know. He will either say he was just curious, or that he finds the topic fascinating, but does he go around to anyone other than Foxes having conversations like this? Unravel the mystery of what seems like fate and your romantic bubble may burst, but it's much better to burst it in the beginning than to wait weeks or months and find out you were used by a smooth-talking player, with some high-risk sex under your belt.

Beware of trances. If you start feeling wonderful, focused, relaxed, and losing your senses, snap yourself out!! Reorient yourself! Focus!! Don't be conquered so easily! Let the damn clock tick and see if what he is promising is for real. Remember what I said before about cheaters sounding smoother than non-cheaters; being swept off your feet is all well and good, but coming down from the high can be brutal. I see nothing in the SS literature to indicate that Foxes are happy with the long-term result of these liaisons. Do you really want a Frog who is using a technique like SS to manipulate your mind? If you do, a Prince won't want you.

Beware of touch. Where you are touched, by what, how and for how long you are touched is secondary to how deliberately you were touched. Be especially careful if he touches you repeatedly, for extended periods of time, or if he tries to give you a massage or read your palm. Treat this behavior as if he had said Wanna fuck?

Beware of mirroring. Mirroring is a subtle mindgame. The theory is that if you mimic a person's movements, they will lock into that rhythm and become more focused on you. Whether it works or not, you now know to look for it, and to identify it as a form of seduction. Awareness should repel any effect a Frog who mirrors you is attempting to create. If you spot mirroring, make a mental note but do not let him know you are onto him. You can even test him by moving in such a way that mirroring is obvious.

Beware of humor. Humor is a deadly bonding tool favored by most players. They know that if they entertain you, they will make loads of progress. React to them as good entertainers and nothing more. Don't see the entertainment for more than what it's worth, which is something that will make the first few months of a relationship more exciting. Don't reject men because they are entertaining, but don't date them for that reason either, unless you want a fling. More often than not they are players.

Beware of stories. One of Ross's favorite techniques is to use a story as a tool of indirect seduction. He might talk about relationships in general, or a specific experience he wants you to anchor to him. Like a lamb being led to the slaughter, the unprepared Fox focuses as she would in any conversation, and is led with imagery that taps her fancy. It can be argued that she is aware of what is happening, but that would mean that Ross is correct. Are Foxes willing to admit this? So far I haven't seen that. If so, please be honest. Once you notice your mind led in a sexual direction, remember that this is impersonal, and the only thing which is special to the Frog leading you is your body. Is this what you want? If so, please speak up and many decent men would be happy to storytell.

Beware of poetry. Poetry is a form of hypnosis in that the poetry reader uses pleasing words and sounds to create pleasing images which the listener taps into. It is the ideal conduit for SS. SS poems with patterned wording can put a Fox into trance within minutes, and leave her wanting the Speed Seducer. Train your mind to realize that this is a seduction technique being used on you, and there are no sincere feelings backing up the words, and the spell should break instantly. Check Ross's website, newsletters, E-mail lists, and related websites for the latest SS poems.

Other SS techniques. Ross is an evolving man. If he finds a successful technique, he shares it with his followers in his products, his newsletters, and his website. Become educated with the new methods he is developing so that she can recognize them instantly. This tends to make all but those women who want to have SS used on them immune to the technique.

When I wrote Foxes, I took its exposure for granted. Consequently, I took this into account, focusing on what it is that Foxes want as well as what men want, and formulating the basic theory of mutual self-interest which rules both books. When I look at Ross's website, and his fundamental philosophy, I have difficulty comprehending how SS can survive exposure. Will Foxes keep falling under the same spell over and over again? Will rival Frogs learn about SS and warn them like I am doing? The final verdict on SS will not come in until Foxes are fully aware of it. SS has been too successful for too long to be ignored. For Foxes to say it can't be neutralized is for them to say they have been checkmated, and to admit permanent defeat.

If Foxes respond to SS despite being warned about it, this has serious consequences for men. I know that few Foxes will ever admit to rewarding SS, but my own experience with SS and my mailbag do not lie: Frogs who use SS report good results, and those who do not often report bad results. Foxhunters report that SS is not necessary for them, but they are using another technique. If I continue to see Foxes falling under the spell of Speed Seducers, it makes me wonder how many Frogs are going to hold out when they are not being rewarded. It is up to the Foxes to take preventive measures against dishonest methods such as this one and reward men who play the game more honestly. Either that or they need to admit that honesty counts for absolutely nothing in love. It is little consolation to the man who has lost his fiance to the boyfriend-destroyer pattern to be told that she was wrong for him, and he is better off without her. How can a Fox be wrong for a Prince and right for a Speed Seducer?

Ross Jeffries is making the following claims with his work:

His method will cause Foxes who otherwise would not want to have sex with Frogs to have sex with them;

He can publish his methods where Foxes can study them and they will remain effective.

Is this possible? Can Foxes who otherwise wouldn't want sex be talked into it within two hours of meeting? If so, speak up! Men will be happy to accommodate you. If you don't want to be Speed Seduced, then let your actions back that up as well and spend your time with the men whose words aren't as captivating. A liar will always be more interesting than a man who refuses to lie. Since Foxes have amazing grapevine capacities, warning everyone you can should lead to the downfall of Speed Seduction in short order. One broadcast by Oprah Winfrey would do the trick.

Covert Hypnosis For Foxes

I would be remiss if I did not look into the future of seduction and Wendi Fresien's package of a book and cassette tapes called *Hypnotize Your Lover*, which is available through her website, or bookstores. The \$39.95 price is well worth it, and the content is more comprehensive and gender-balanced than Ross's material, which is geared to men. I suppose that it would be a great phone sex tool for women, but men are so looks-focused that mind-based techniques are less likely to work. Wendi is a California hypnotherapist with a bit of a wild side. Her book covers covert hypnosis and how to defend yourself against it, and it's worth a read. The entire package will educate you on hypnosis and mind techniques to enhance your relationship, well beyond anything I could explain here. Wendi has brought to the mainstream a technique that had previously been reserved for the d/s and fetish communities.

Methods like Speed Seduction have very basic elements: confusion, intensity, and a general sales pitch are three key warning signs to look for. Frogs who approach you for any reason are always suspect, but even more so if they exhibit SS behavior. Ross adds several Foxhunting elements into his SS, presenting himself as a celebrity who teaches the arts of hypnosis and seduction. This is a posture few men can use the way Ross does, since he has appeared in the major media. Stage hypnotists, hypnotherapists, psychics, and others who are into eastern philosophies will often use those as gateways to introduce these techniques. Keep your guard up at all times. Do not confront him, but draw your conclusions and act on them silently.

The Mystery Of The Negative Hit

Foxes are vulnerable to this, due to the perception that they are stuck-up. In the introduction I mentioned Mystery, who posted regularly to a.s.f for a while as its leader, a man who claimed to have slept with about sixty women in his life and who kept extensive records of his pickup attempts, gave to the internet world a gold mine that has caused Frogs to break the ice when they otherwise wouldn't: the negative hit. A negative hit, as defined by Mystery, is a playful insult designed to knock a Fox down a peg and let her know you aren't intimidated by her. The effect is chilling: a Fox who has what Mystery calls the bitch shield up for every other man suddenly becomes putty in his hands. With the negative hit, Mystery creates the ideal mixture of bad-boy adventurousness and kind playfulness. His motives, however, are anything but kind. He sees nothing wrong with lying, cheating, and dumping, and is definitely in it for the short term. Foxes claim not to want this, but men like Mystery never have any shortage of lovers while other men Foxes supposedly would want over him do without. Results speak louder than words.

Negative hits can be anything from a minor to a major insult. If done right, it will leave you annoyed, but not so angry that you want revenge. You will fluster about the remark, but when he isn't fazed, you'll begin to cave in and attempt to make peace, which is the exact ending that Mystery is hoping for. You can then continue to talk to him and wind up #61, 62, 63, 64, 65, or 1,500 if he continues, because if your body measures up, he's available. Get any fantasy of taming this man out of your mind completely; it's not going to happen unless you are Wonder Fox. Swim with the tide, not against it. If a man approaches you unspectacularly with respect, don't treat him in such a manner that will make him use a negative hit, unless you get off on being treated that way, which Foxes apparently do. Mystery has reported that behavior that works with Foxes does not work with non-Elites. Mystery has his own website, the address to which is posted regularly on a.s.f. (it changes periodically).

Gimmicks

A gimmick is a skill or prop which is used to attract Foxes. I recommend that Foxhunters sit in a coffeehouse with a deck of tarot cards, or give psychic readings over the internet. I also recommended choreography, but as an advanced skill many Foxhunters will not be able to use it. On a.s.f., the gimmicks are more bold and brazen, and my rule of always waiting for the Foxes to approach in response to the gimmick are ignored. Some gimmicks which have been reported successful include the psychic gimmick, palm reading (a lead-in to hand massaging and SS patterns disguised as the reading), poetry, art, or any pretext which can be used to capture a Fox's attention. If knowledge that a gimmick is being used on you would spoil the bond between you and the man with the gimmick, then you know not to be fooled by the pretext that he is interested only in reading your palm. Most men have little difficulty developing gimmicks because it is hard not to notice when Foxes consistently respond to something. Odds are a Prince is not going to approach you in a bar and read your palm. Most true Princes are taken when you meet them, just as most Foxes are. Princes do not have to rely on gimmicks, so their approaches are more likely to be polite and tame. Only Frogs will sleep with any Fox without looking beneath the surface.

A new gimmick I have developed recently puts the others to shame. The beauty of this gimmick is that any American man can use it. All he has to do is point out to Foxes that he doesn't have to beg for their affections, and can start looking overseas for partners. Because of their immense wealth relative to the rest of the world, American men are treated like royalty in most corners of the world, so much so that Foxes from these countries have taken to posting pictures of themselves along with their home phone numbers in the hope that wealthier men from other countries will rescue them from their poverty. The standard insults about mail-order brides are not washing the way they used to, with men realizing that American Foxes are every bit as opportunistic, only with higher price tags. What I call the Foreign Fox Gimmick now is a very powerful means of inducing American Foxes to treat me with greater respect because they know I have other options. Cop an attitude with them, make them jump through too many hoops to win you over, and you might find they really do go overseas. Fortunately, enough American Foxes have responded to the mere threat of my going overseas that I have not actually had to do it yet. I asked one Fox who caved into the gimmick why she didn't want me before I threatened to go overseas, and she responded with I wanted to prove I was superior.

Romance

A gimmick worthy of its own heading, let us not forget the tried and true false promise. What has changed with the false promise is that the lies are more precise than ever before, thanks to the internet and the sharing of information and results. More basic than the issue of whether or not a Frog is using SS or a gimmick on you is the issue of his attempt (or lack thereof) to romance you. I have often said that Foxes view romance much the way men view sex, with romance novels and soap operas occupying the same place in their lives as pornography occupies in men's. In each case, one gender is scripted to act in accordance with the other's fantasies, creating an unrealistic standard for both genders.

Men offer romance to Foxes to convert it into sex, while Foxes know that sex will inspire a Prince to be romantic. When asking a Fox what she wants in a Prince, if she says he must be romantic, I cringe. Romance is not a character trait, but a way of expressing sexual attraction. This is the Behavior Myth I wrote about previously. A man who is romantic is telling you he wants to have sex with you, nothing more. Take the message for what it is. Romance should express attraction, not create it. A man who is romantic to more than one woman is every bit as much of a slut as a woman who will have sex at the drop of a hat. If you want a romantic slut, go for it, but don't pretend he is something he's not.

When men start sounding like women, beware. Their romantic behavior is a barometer of their sexual desire. Be especially wary when they start talking about wanting long-term relationships while directing you at warp speed towards the bedroom. How he pulls this off is with a simple 1-2 sucker-punch:

Convince you that he is not like other men, who just want to use Foxes for sex;

Since he is not a pig, and since you like him, he is worthy of having sex with. Once he has passed the test, there is no need to wait.

Now that you know how this fleece works, you know how to avoid it. The way to weed out a romantic slut is to not deliver the sex. He will either get frustrated and reveal his true intentions, at which point you can shoot him down, or he will just bail out and search for greener pastures. Only the most devoted players will wait you out, though Frogs in this category will have sex with other Foxes while waiting for your timetable to expire, so they aren't really waiting.

Get Serious

Entertainment is fine for an evening, a weekend, or maybe even a few months, but it leads to short-term relationships if it is what is repeatedly drawing you to a partner. Let the Frogs who come on strong cool off a bit to get a more realistic picture, and give the slow-starters a chance to get on track before you write them off. Not even a Prince is going to impress you every minute of every day; some may not want to send a signal of interest only to get shot down. We frown on men who make unwanted advances, and many decent men almost never approach for this reason. Whether intentional or not, when Foxes respond to a man like Mystery and ignore the quieter types they are creating a wall that only a bad-boy or a player can penetrate. Is this what you want? If not, retool your selection process so that all types of men are competing equally. CUPID and character, not approaches, are what count.

I would hope that your desire to feel special and be romanced does not cloud your view of reality. I think of romantic men the way I do strippers in clubs: they provide a fantasy, for the purpose of luring out of you what they want, and rarely is the promise delivered unless the "dancer" is getting the better deal. I would think that the truth of the matter -- the honesty element Foxes claim is paramount -- would override any other consideration. I know it is not pleasant to be misled, but the longer you allow it, the worse it becomes. A fool's paradise may be paradise to the fool, but who wants to be fooled forever? Hollow romance substance may be nice to pass a lonely moment, but it is nothing to base a long-term relationship on if a guy is just trying to get laid, and it should not be enough to convince you to have sex unless you are prepared for the relationship not leading to marriage.

When you strip seduction techniques from the equation, you are left with CUPID and character. I wish more Foxes would stop emphasizing pickup techniques so much and focus instead on the long haul. The spontaneous behavior has become rehearsed, and the special treatment isn't really that special. In fact, everything in this chapter is nothing more than a mating call. The quality of the Prince should be important, not the quality of his approach. It may be appealing to have a position of power when a man approaches you, but sitting in judgement and contempt on the assumption that you have to be won over puts men in a difficult position, and distracts your focus away from proper analysis of the man and situation onto frivolous matters, like whether or not he has supplicated. A Foxhunter will generally not pursue you until you have shown interest, unless he has a strong and genuine interest in you. Someone like Mystery will approach you for sport, and even post the results of his pickup attempt on the internet, sometimes including a tape-recording.

Women need to rethink their concept of romance, specifically what it means when a Frog is romantic or otherwise solicits them (I would not call Speed Seduction very romantic). I think of the reverse of how a man must feel when he is being used by a Fox and either denies it or knows what is going on but refuses to admit it. I would imagine that Foxes who learned that SS was used on them would feel betrayed. Some claimed it is a form of mind control and should be outlawed, but that is too harsh. Ross likens it to mood-setting and other mating calls, and to this extent I believe he is correct. A Fox should know what is going on when a Frog approaches her with intensity, and within minutes the conversation turns sexual. On my website I plan to keep Foxes informed of the latest techniques men are bragging about, so they can take precautions. I urge other websites devoted to romance do the same. Knowledge is power.